

Sunday  
16 October 2016



Napier City

**PAK'nSAVE**

Half Marathon/10K

SHERRY O'SULLIVAN

TEAM  
TREMAINS



5km run/walk

- 7:30am - Half marathon walkers / Relay walkers
- 8:30am - Half marathon runners / Relay runners
- 8:50am - 10km walkers and runners
- 9:00am - 5km walkers and runners
- 11:00am - Kids 'K'

**Closing Date**  
All entries must be postmarked before 5 October 2016  
(Late entry fee will be applied for forms received after this date)

For further information visit our website or email  
napierhalf@runwalkhb.org.nz

[www.runwalkhb.org.nz](http://www.runwalkhb.org.nz)

Napier City Pak'nSave Half Marathon is organised by  
Run Walk Hawke's Bay

# Napier City Pak'nSave

## 16 October 2016 Postal Entry Form

Please complete this entry form and declaration - return to Race Director, Run Walk Hawke's Bay,  
P O Box 537, Napier.

| INDIVIDUAL ENTRANT DETAILS                             | PLEASE PRINT CLEARLY      |                           |  |
|--|---------------------------|---------------------------|--|
| Email  |                           |                           |  |
| First Name   |                           |                           |  |
| Surname  |                           |                           |  |
| Contact Phone Number                                   |                           |                           |  |
| Date of Birth / Gender (circle one)                    | <b>Male</b>               | <b>Female</b>             |  |
| RELAY TEAM ENTRANT DETAILS                             |                           |                           |  |
| Relay Team Name  |                           | 1 <sup>st</sup> Leg Name  |  |
| Name of Team Member 2 <sup>nd</sup> Leg                |                           | 3 <sup>rd</sup> Leg Name  |  |
| Team Member Email                                      |                           |                           |  |
| Team Member Contact Number                             |                           |                           |  |
| Event  | Please tick your event    | Entry Fees                |  |
| Half Marathon Run                                      |                           | \$45.00                   |  |
| Half Marathon Walk                                     |                           | \$45.00                   |  |
| Half Marathon Relay Run                                |                           | \$45.00                   |  |
| Half Marathon Relay Walk                               |                           | \$45.00                   |  |
| 10k Run  |                           | \$20.00                   |  |
| 10k Walk   |                           | \$20.00                   |  |
| 5k Run   |                           | \$15.00                   |  |
| 5k Walk  |                           | \$15.00                   |  |
| Grade ( <i>individual half marathon entries only</i> ) | Please tick your category | Please tick your category |  |
| Open Men   |                           | Open Women                |  |
| Men 35 – 39  |                           | Women 35 - 39             |  |
| Men 40 – 44  |                           | Women 40 - 44             |  |
| Men 45 – 49  |                           | Women 45 - 49             |  |
| Men 50 – 59  |                           | Women 50 - 59             |  |
| Men 60+  |                           | Women 60+                 |  |

**T Shirts \$35.00** – Please choose your size carefully as there are no refunds or returns for exchange. Refer to website for t shirt design, sizing and measurements <http://www.runwalkhb.org.nz/napierhalf.html>. T shirt must pre-ordered by Wednesday, 5 October 2016.

Sizes (please circle) Female:      8      10      12      14      16

Male              S      M      L      XL      2XL      3XL

**Declaration** Entrants under the age of 16 years require parent or guardian signature. **I declare that:** I/We have read the race information and are aware that road rules apply at all times and there are no road closures. My entry will not be transferred to another runner/walker. In the event of an "ACT OF GOD" conditions causing a cancellation of the event, my total entry fee is NOT refundable. Neither the organisers, the sponsors nor other parties associated with the event shall have responsibility for any liability, financial or otherwise, which might arise whether or not by negligence from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in the event or its related activities. I authorise my name, voice or picture and any information on this entry form to be used without payment to me in any results, broadcast, telecast and/or promotion pursuant to the Privacy Act 1993.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## 2016 Race Information

### *Your participation supports Cystic Fibrosis*

**COURSE:** We offer an interesting, picturesque measured course of 21.1km, starting and finishing at Napier Boys' High School, Te Awa Avenue, Napier with the half marathon winding its way out to Westshore and back along the extensive walkways of the Napier coastline.

**There are no road closures and normal road rules apply at all times.** Participants are also reminded to walk/run no more than two abreast and walk/run inside the marker cones at all times for safety reasons. **The course will be unmarked and un-marshalled after 11.20 am for all events.**

All events consist of an out and back course along the walkway parallel to Marine Parade. In the interest of safety we ask that the likes of bicycles, in-line skates and skateboards not be used. Wheelchairs or pushchairs may be used at your own risk. Competitors must stay to the right hand side unless instructed by an official. The relay will be for 3 person teams with the changeovers near the Game Fishing Club. The distance of each leg is approximately 6.5km, 7.5km and 7.1km. Transport is your care.

We welcome comments/feedback on our Facebook <https://www.facebook.com/napierhalfmarathon/>

**Kids 'K':** For children 9 years of age and under – no entry fee required. 1km fun run around perimeter of Napier Boys' High School field commencing at 11.00am (parents welcome to assist children).

**ENTRIES:** Entries close on 5 October 2016. Cheques should be made payable to Run Walk Hawke's Bay. Photocopies of the entry form will be accepted. Entries may also be made on line at <http://www.tridentresults.com/event/33>

**LATE ENTRIES:** Entries dated after 5 October 2016 will be subject to an additional administration fee of \$10.00. Late entries also accepted on 16 October from 6.30am.

**REFUNDS:** Refund of entry fee (less a handling fee of \$10) will be made on withdrawals notified up to 5 October 2016. **NO REFUNDS** will be made after this date.

**RACE PACKS:** The race packs will be available for collection from the Race Headquarters situated in the gymnasium, Napier Boys' High School from 2.30pm – 5.00pm on Saturday 15 October or 6.30am on race day (16<sup>th</sup>).

**RACE NUMBERS:** Must be worn on the front of the participant's T-shirt or singlet and be visible at all times. Electronic timing tags will be attached to the race numbers and don't need to be returned at race end.

**START:** The start is near the main entrance to Napier Boys' High School, Te Awa Avenue, with half marathon walkers and the walk relay teams commencing at 7.30am, half marathon runners and the run relay teams at 8.30am, 10k run/walk at 8.50am and 5k run/walk at 9am.

**There will be a compulsory race briefing 5 minutes prior to each start time.**

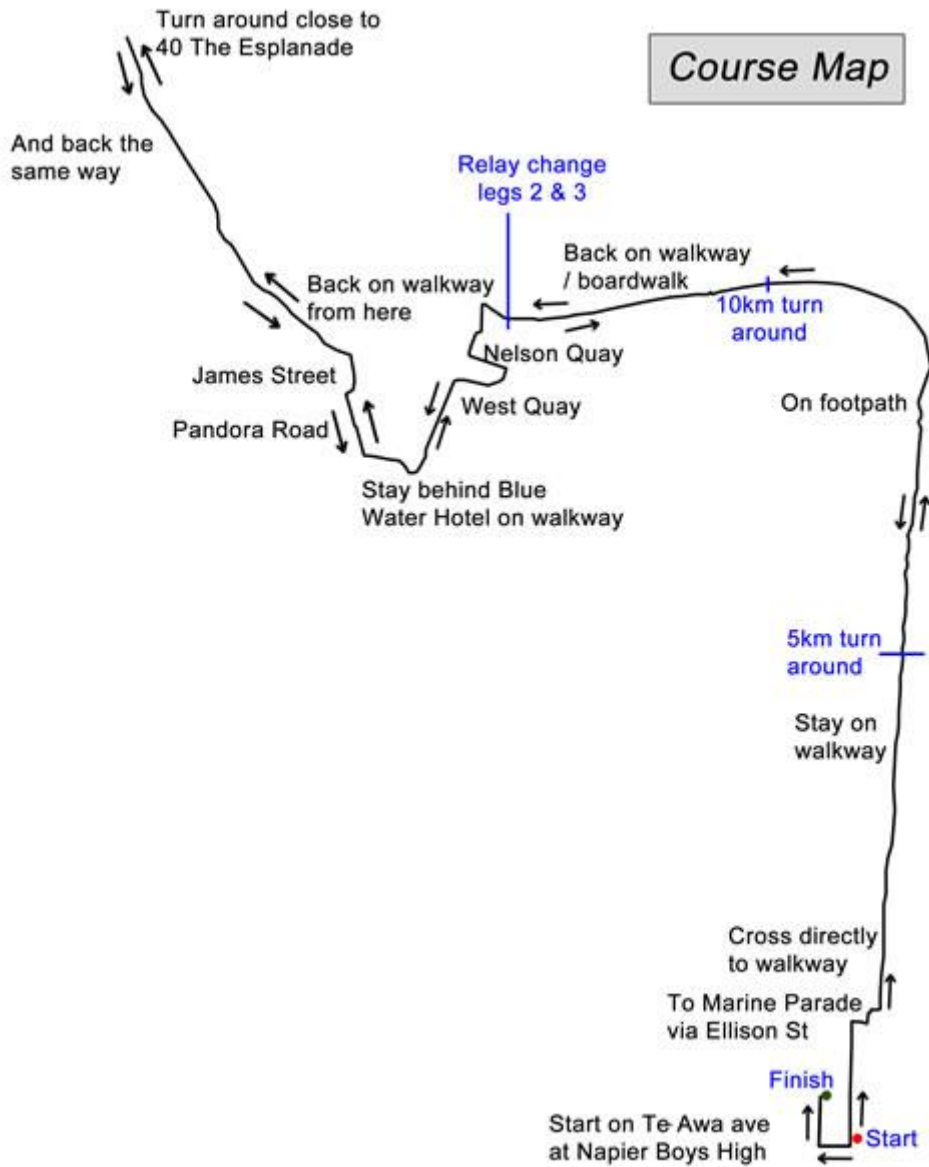
**DRINK STATIONS:** There will be manned water stations around the half marathon course. Individual drinks will not be catered for.

**WALKING SECTIONS:** These sections are for walkers only. If you intend to walk-run the event please enter as a runner. All forms of walking are permitted including recreational and power walking. However, those with a style that resembles jogging will be 'promoted' to the running section and will be eligible for spot prizes only.

**RESULTS** All race results will be posted on our website <http://www.runwalkhb.org.nz/results.html>. Individual results will be available online after the entrant has crossed the finish line.

**PRIZE GIVING:** This will take place at Napier Boys' High School beginning at approx. 11.30am. Place prizes will be awarded in all events (including the relays). All finishers will be eligible for major and minor spot prizes. You must be present to claim your major spot prize however minor spot prizes will be pre-drawn and are available for collection at registration. (Note no category prizes will be awarded).

**FURTHER INFORMATION:** Refer Run Walk HB website <http://www.runwalkhb.org.nz/napier-half>, the event facebook page at <https://www.facebook.com/napierhalfmarathon> or email us at [napierhalf@runwalkhb.org.nz](mailto:napierhalf@runwalkhb.org.nz). Race Director: Joff Hulbert, Phone: (6) 844 9472 or (021) 0656181.



25 Munroe Street, Napier

